



Chapter H sisters successful in the construction industry in Manitoba. From the left: Sheena Braun, Ellowyn Nadeau, Lindsay Arseny, Sonia Perrino, Lori Garett and Kim Planck in front of Canada's new Human Rights Museum

MANITOBA WOMEN IN CONSTRUCTION:

# Building P.E.O.

by Betty Haese, H, Winnipeg, Manitoba

**E**llowyn Nadeau, Lori Garett, Sheena Braun, Lindsay Arseny, Sonia Perrino and Kim Planck are six recently-initiated members of Chapter H, Winnipeg, Manitoba, Canada, and are all associated with the construction industry in one capacity or another. The magnet that drew all these women to join P.E.O. was their support for women's education and—for five of them—their work-related friendships.

**ELLOWYN NADEAU**

Ellowyn Nadeau is a civil engineer and a faculty member in the department of Civil Engineering, Technology and Construction Management Degree Program at Red River College. She is vice chair of the Manitoba Women in Construction Board Association, is the first women to serve on the executive board of the Winnipeg Construction Association and is in line to become its first ever female chair in four years. She is a fourth-generation P.E.O.

**LORI GARET**

Lori Garett is a civil engineer and owner of North Perimeter Construction. Lori is one of a handful of women in Manitoba who own their own construction business. She is also a member of the Manitoba Apprenticeship and Certification Board and the Manitoba Women in Construction Association. Lindsey Arseny, her sister, is the accounting and human resources manager for Lori's company.

**SHEENA BRAUN, B.SC.**

Sheena Braun, B.Sc., is a director at large on the Board of the Manitoba Women In Construction Association. She has been in the construction industry for over 25 years. While at university she worked part time in the industry to pay for her schooling. She is the first and only woman in general management for Westland Construction Ltd.

In celebration of International Women's Day 2018, the Manitoba Women in Construction Association, a group of women working within the industry who share a common goal of supporting, educating and mentoring women in construction, held a special panel event called Building Her Story. Sheena Braun helped organize this event with Ellowyn Nadeau and other members of the

## Its focus was to help empower women across the industry to build their own personal success stories.

**SONIA PERRINO**

Sonia Perrino is an inside sales representative for Ryerson Canada, a metal distributor servicing all facets of the construction industry. Her career highlight took place in May 2009 when she sold \$1,000,000 in metal, a rare occurrence, and was recognized as a member of the Million Dollar Club.

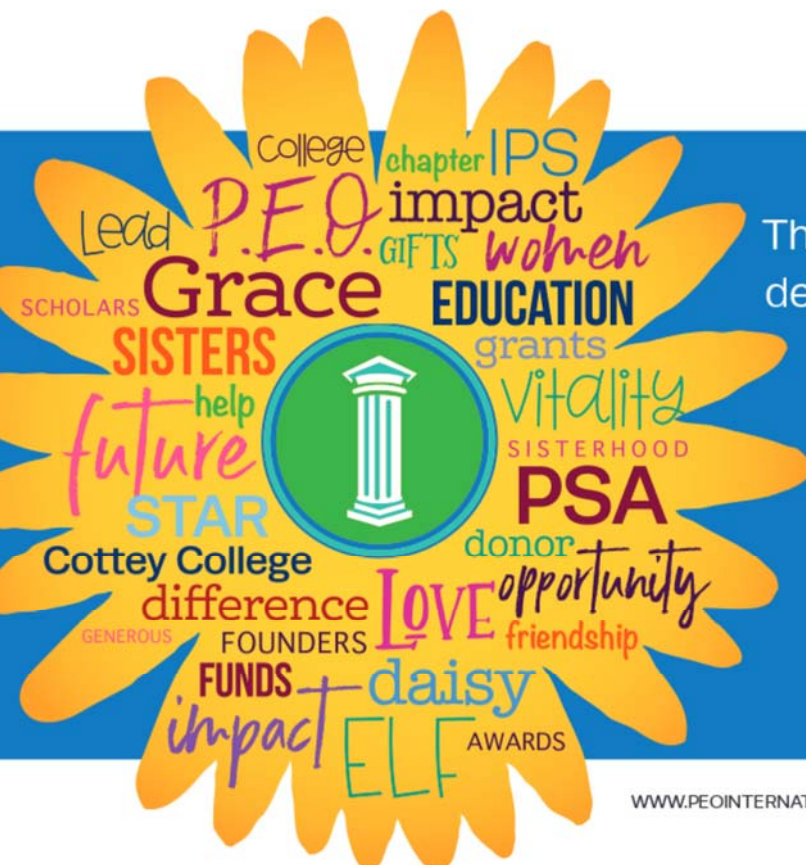
Board of Directors for Manitoba Women in Construction. Its focus was to help empower women across the industry to build their own personal success stories. Lori Garett was a panel member and shared her success stories that were featured in the local newspaper, The Winnipeg Free Press, and were on national TV and radio. In interviews after the event, Ellowyn Nadeau represented the Winnipeg Construction Association and Manitoba Women in Construction and focused on her perspective of women entering the field of engineering. Lori Garett addressed the need to involve women, minorities and indigenous workers in the construction industry trades.

**KIM PLANCK**

Kim Planck, our newest member, is a raw materials buyer at Price Industries, which is the industry leader in the manufacture of industrial and commercial heating, ventilation and air conditioning systems. Kim's role in the company is purchasing all the sheet metal and aluminum required for the manufacture of these units.

As P.E.O. builds, supports and plans for the future, our sisters in the construction industry support, plan and "build" Chapter H's future.

— Author Betty Haese was initiated into Chapter EX, Fremont, Nebraska, in 1957. She attended Cottey College in 1958.



There are so many words we can use to describe giving to the P.E.O. Foundation and supporting the P.E.O. International educational projects.

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road?

